

Dental Implant Therapy -Trends & Literature Critical Appraisal

American Academy Of Fixed Prosthodontics Annual Meeting February 23-24, 2007

> Asbjørn Jokstad, DDS, PhD Professor and Head, Prosthodontics Faculty of Dentistry, University of Toronto











Adolescent patient with a crownroot fracture of central: options?



Fracture line palatinally

- 1. Extraction \rightarrow orthodontics \rightarrow veneer or crown
- 2. Extraction \rightarrow etch-bridge or FPD
- 3. Extraction \rightarrow implant \rightarrow abutment \rightarrow crown
- 4. Extraction & replantation $180^{\circ} \rightarrow \text{endo} \rightarrow \text{crown}$
- 5. Endo \rightarrow orthodontic extrusion \rightarrow crown
- Decoronation+etch-bridge/flipper → implant → abutment → crown



Adolescent patient with missing laterals: options?

A. Orthodontic Treatment B. Etch-bridges C. (Provisional) Removable Partial D. Conventional Fixed Partial E. Implant-supported crowns



dolescent patient with missing laterals: options?

A. Orthodontic Treatment

More treatment considerations:

What if buccal bone augmentation is required?A. Single implants + crowns in the lateral regions

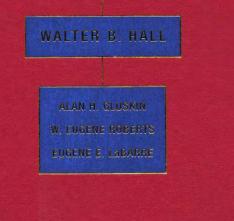
B. Mesial movement of canines → composites
 + single implants in canine region

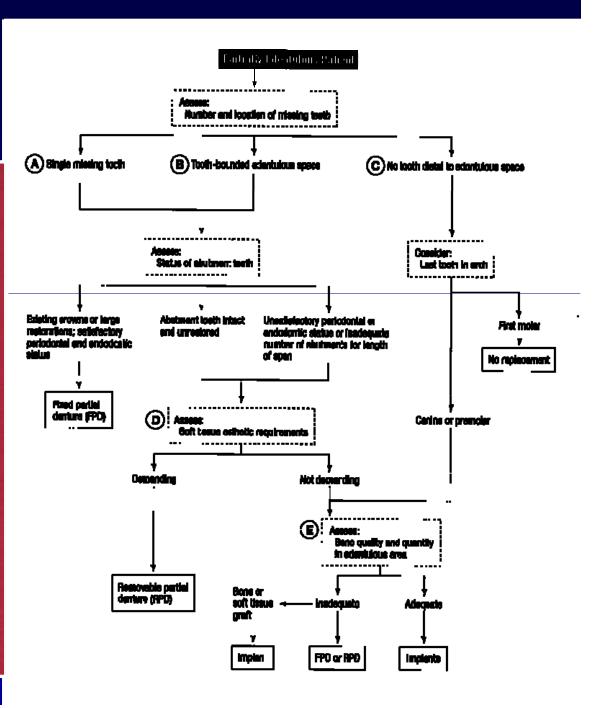
C. Mesial movement of canines & bicuspids → composites + single implants in bicuspid region



Useful, or just cookbook?

Decision Making *in* **Dental Treatment Planning**



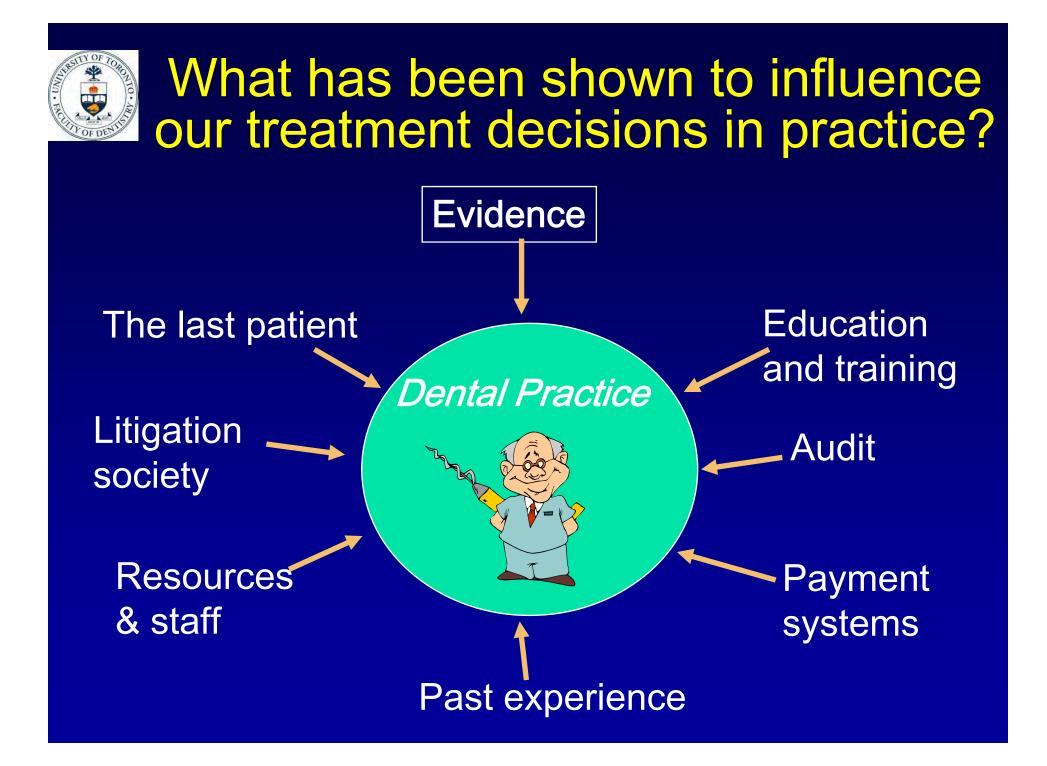




"Medicine is a science of uncertainty and an art of probability"



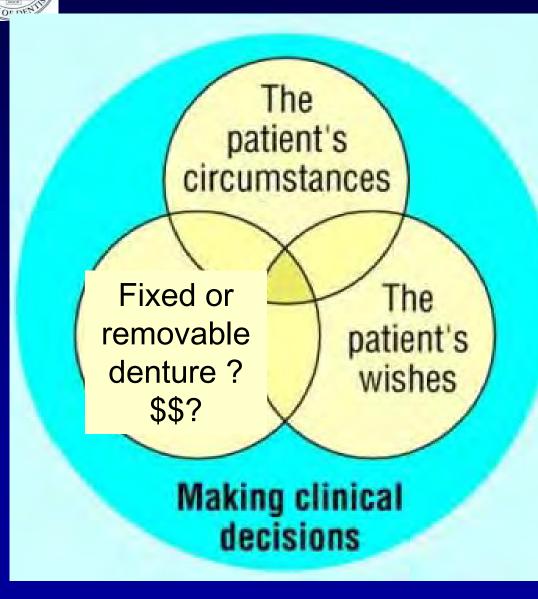
Sir William Osler Canadian Physician (1849-1919)





Adopting an evidence-based clinical practice will facilitate arriving at appropriate treatment decisions

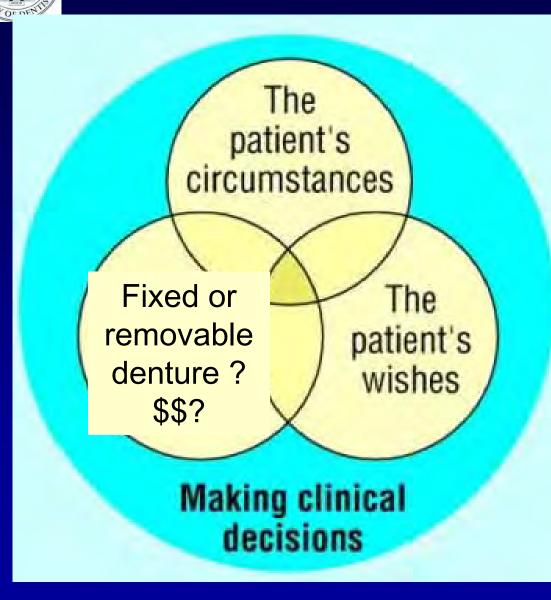
"A science of uncertainty and an art of probability" Decision making in prosthodontics



Historically, prosthodontic decision making has always been influenced by:

 a narrow range of technical solutions (limited by biology) and
 the patient finances.

"A science of uncertainty and an art of probability" Decision making in prosthodontics



Traditional prosthodontic decision making is equivalent to

how evidencebased medicine is meant to be practiced

From: Haynes et al. Br Med J 1998; 317:273-6



Scientific studies are graded according to the <u>theoretical possibility</u> of a <u>false conclusion</u>

This is reflected by the design of the study.

... the correct conclusions will remain uncertain forever....



"Doubt is not a pleasant condition, but certainty is an absurd one"



Voltaire French Philosopher (1694-1778)

Clinical trial terminology - tower of Bable?

analytical study case control study (89) case serie case study, case report cause-effect study clinical trial (79) cohort study (89) cohort study with historical controls controlled clinical trial (95) cross-sectional study (89) descriptive study diagnostic meta-analysis diagnostic study double blind randomized therapeutical trial with crossover design

TY OF TO

ecological study etiological study experimental study explorative study feasibility study (79) follow-up study (67) historical cohort study incidence study intervention study longitudinal study (79) N=1 trial non-randomized trial with contemporaneous controls non-randomized trial with historical controls observational study

prospective cohort study prospective follow-up study, observational or experimental prospective study (67) quasi-experimental study randomized clinical trial, RTC randomized controlled trial, RCT (89) retrospective cohort study retrospective follow-up study retrospective study (67) surveillance study survey, descriptive survey therapeutic meta-analysis trohoc study



Clinical trial terminology - Medical Subject Headings (MESH) terms 1967

case serie case study, case report		prospective study (67)
	follow-up study (67)	retrospective study (67)

Clinical tri	al terminology -	MESH terms 1979
case serie		
case study, case report		prospective study (67)
	feasibility study (79)	
clinical trial (79)	follow-up study (67)	
	lengituding letuch (70)	
	longitudinal study (79)	retrospective study (67)

Clinical tri	al terminology -	MESH terms 1989
case control study (89)		
case serie		
case study, case report		prospective study (67)
	feasibility study (79)	
clinical trial (79)	follow-up study (67)	
cohort study (89)		randomized controlled trial, RCT (89)
	longitudinal study (79)	retrospective study (67)
cross-sectional study (89)		

Clinical trial terminology - MESH terms 1995						
case control study (89) case serie case study, case report	feasibility study (79)	prospective study (67)				
clinical trial (79) cohort study (89)	follow-up study (67)	randomized controlled trial, RCT (89)				
controlled clinical trial (95) cross-sectional study (89)	longitudinal study (79)	retrospective study (67)				



Clinical trial terminology - tower of Bable \rightarrow stick to the Medical Subject Headings terms

analytical study case control study (89) case serie case study, case report cause-effect study clinical trial (79) cohort study (89) cohort study with historical controls controlled clinical trial (95) cross-sectional study (89) descriptive study diagnostic meta-analysis diagnostic study double blind randomized therapeutical trial with crossover design

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Clinical study designs (U.S. NLM Medical Subject Headings terms):

1. Randomised Controlled Trial 2. Controlled Clinical Trial **3.** Cohort Study 4. Case-Control Study **5**. Cross-Sectional Survey 6. Case study/ case series



Study Designs and strengths

	RCT	ССТ	Cohort	Case Control	Cross- sectional	Case series
Therapy /	देरदे	公公				
⁻ Prevention / ⁻						
Education						
Prognosis	Δ	$\stackrel{\bullet}{\prec}$	፟፟፟፟፟፟፟፟፟፟፟፟፟፟			
Diagnosis	**	$\stackrel{\checkmark}{\sim}$	$\stackrel{\wedge}{\rightarrow}$			
Screening	**		\checkmark	A		
test						
Prevalence/					***	☆
hypothesis						
generation						



"A science of uncertainty and an art of probability" **Therapy / Prevention / Education**

- Which implant design / surgical technique /maintenance regime / education strategy provides the *best result**?
 - * Clinical, patient-centred, surrogate or economic outcomes











"A science of uncertainty and an art of probability" **Therapy / Prevention / Education**

- 1. Random allocation of the participants to the different interventions
- 2. Outcome measures of importance for at least 80 per cent of participants who entered the investigation
- 3. A statistical analysis consistent with the study design



- How predictable is the performance of the implant "Speedy Fantastico" in the upper posterior jaw?
- What is the risk that patients will experience a fractured screw / abutment or implant?





 A cohort of persons, all initially free of the outcome of interest
 Follow-up of at least 80 per cent of patients until the occurrence of either a major study criteria or the end of the study

3. A statistical analysis consistent with the study design.



"A science of uncertainty and an art of probability" **Diagnostic tests**

- Does the use of RFA or the Periotest to predict loading strategy have any merits?
- What is the validity of the Zarb and Lekholm bone quality classification?



Type I -Uniform, high density bone

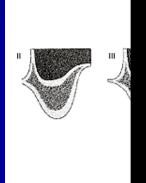


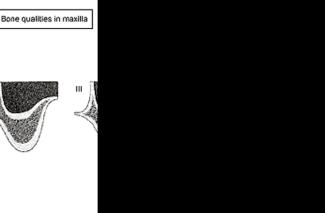
Type II -Thick layer of high density bone with marrow cavity





Type III -Type IV -Thin layer of high Very thin layer of high density density bone. more porous bone, porous core of good core of poor strength strength







"A science of uncertainty and an art of probability" **Diagnostic tests**

- 1. Clearly identified comparison groups, at least one of which is free of the target disorder
- 2. Either an objective diagnostic standard or a contemporary clinical diagnostic standard with reproducible criteria
- Interpretation of the test without knowledge of the diagnostic standard result
- 4. Interpretation of the diagnostic standard without knowledge of the test result
- A statistical analysis consistent with study design



"A science of uncertainty and an art of probability" **Etiology – Harm**

Does trace elements from implants cause adverse general effects?
Has a certain batch of implants been contaminated during the production process?



Etiology – Harm - Causality

Randomised controlled trial > clinical controlled trial > cohort > case -control > cross-sectional > single case >A statistical analysis consistent with the study design.

Thus: Purely probabilistic considerations



" Doctors prescribe medicine of which they know little, to cure diseases of which they know less, in human beings of which they know nothing"

Voltaire French Philosopher (1694-1778)





Views /beliefs /perceptions

 How does implant prostheses impact on the patient's daily life?

 Why are colleagues hesitant to implement implant prosthetics in their practices?

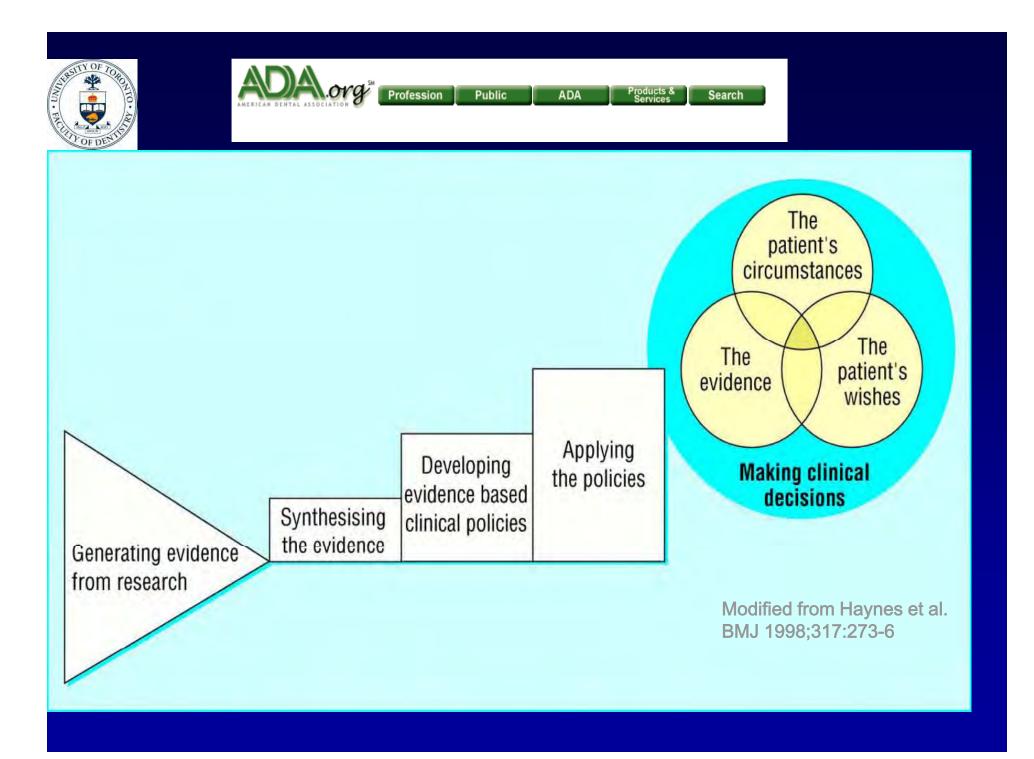


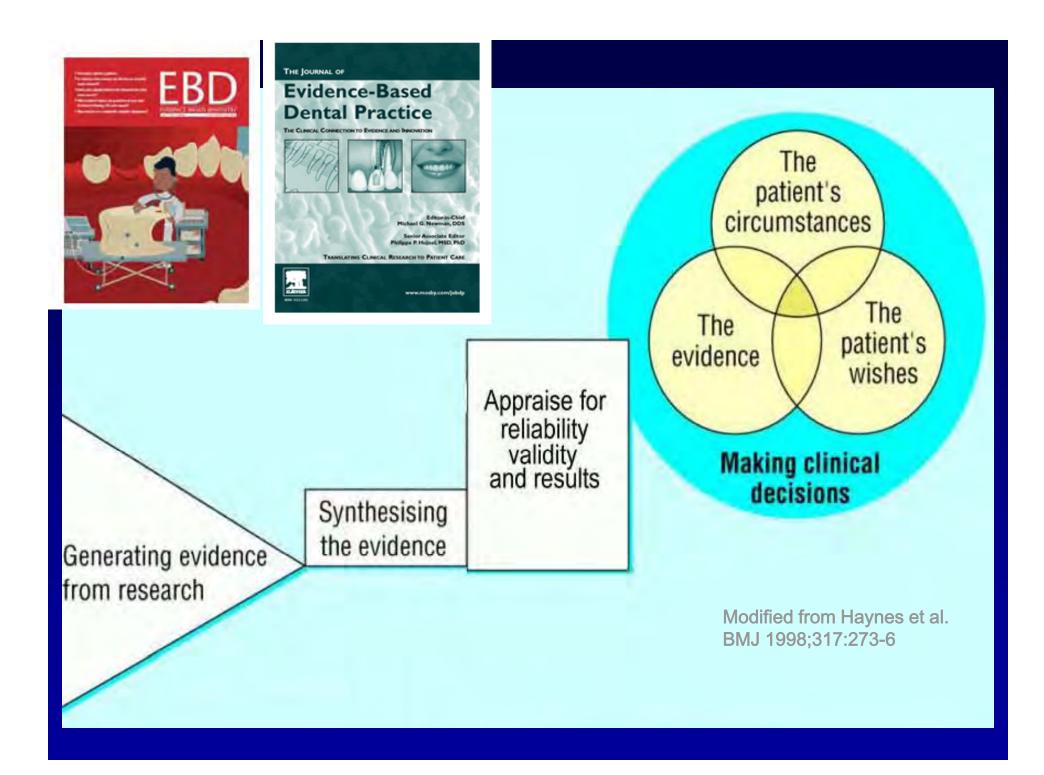
Study Designs and strengths

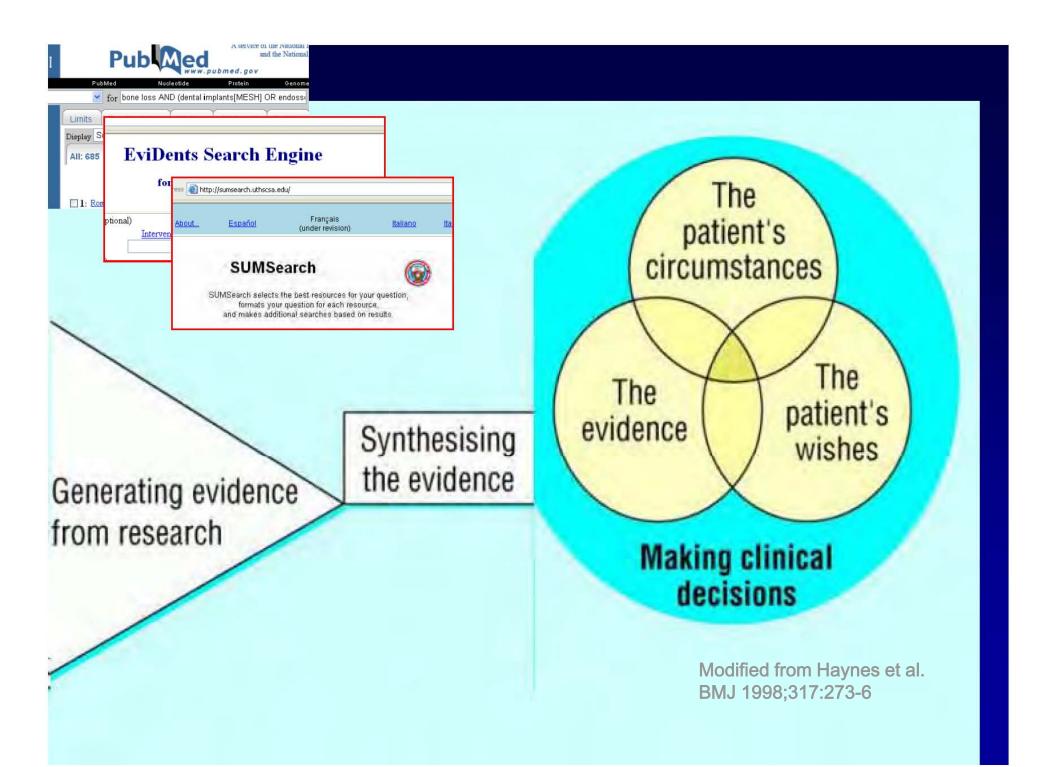
	Qualit- ative researc h	Cross- section al Survey	Cas e Con trol	Cohort	ССТ	RCT	Systema tic review
Effectiveness: Does it work?				A	公	**	***
Process of intervention/ delivery: How does it work?	公公	$\stackrel{\checkmark}{\sim}$			\overleftrightarrow	$\stackrel{\checkmark}{\sim}$	***
Salience: Does it matter?	☆☆	☆☆					☆☆☆
Safety: Will it do more good than harm?	☆		☆	\$	☆	**	***
Acceptability: Will the patient accept the intervention?	☆☆	$\stackrel{\checkmark}{\sim}$				公	***
Cost effectiveness: Is it worth paying for the intervention?						**	***
Appropriateness: Is this the right intervention for this patient?	☆☆	**					**
-Satisfaction with the intervention: Are users, providers and other stakeholders satisfied?	☆☆	☆☆	Δ	☆			☆



EBM can be implemented in daily practice in various ways

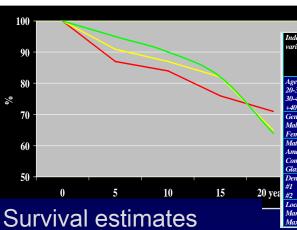








Correct treatment decision





Dentist:patient relationship **Two-way** communication



KR.

Outcome probabilities



Patient values & preferences



% worst case scenarios

20

25

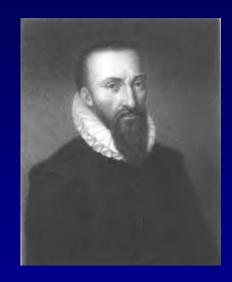
10 År 15

Cost increments



"Guerir quelquefois, soulager souvent, consoler toujours"

"Cure occasionally, relieve often, console always"



Ambroise Paré French Physician (1510 –1590)





Overall strength of current oral implant research

Review of existing literature

Eckert S et al. Validation of dental implant systems through a review of literature supplied by system manufacturers. J Prosthet Dent 1997;77: 271-9.

Conclusion:

On the basis of the literature supplied by the manufacturers, only one implant system demonstrated scientifically valid long-term success. Situation, 1999

- 1. The number of implants and implant systems increase continuously worldwide
- 2. The FDI World Dental Federation is concerned about the quality of all the new implants being marketed
 - 3. The FDI Science Committee is asked to investigate the issue
- 4. The work is commissioned to prof. A Jokstad





Implant brands/ systems available in N. America in 1999 (n=98)

REVIEW ARTICLE

Implants and Components: Entering the New Millennium

Paul P. Binon, DDS, MSD¹

The elusive dream of replacing missing teeth with artificial analogs has been part of dentistry for a thousand years. The coincidental discovery by Dr P-I Brånemark and his coworkers of the tenacious affinity between living bone and titanium oxides, termed *osseointegration*, propelled dentistry into a new age of reconstructive dentistry.

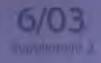
Initially, the essential tenets for obtaining osseointegration dictated the atraumatic placement of a titanium screw into viable bone and a prolonged undisturbed, submerged healing period. By definition, this required a 2-stage surgical procedure. To comply, a coupling mechanism for implant placement and the eventual attachment of a transmucosal extension for restoration was explored. The initial coronal design selected was a 0.7-mm-tall external hexagon. At its inception, the design made perfect sense, because it permitted engagement of a torque transfer coupling device (fixture mount) during the

replacement, maxillofacial and a myriad of other applications, limited only by the ingenuity and skill of the clinician.11-13 The external hexagonal design, ad modum Brånemark, originally intended as a coupling and rotational torque transfer mechanism, consequently evolved by necessity into a prosthetic indexing and antirotational mechanism.14,15 The expanded utilization of the hexagonal resulted in a number of significant clinical complications.8-11,16-22 To mitigate these problems, the external hexagonal, its transmucosal connections, and their retaining screws have undergone a number of modifications.23 In 1992, English published an overview of the thenavailable external hexagonal implants, numbering 25 different implants, all having the standard Brånemark hex configuration.14 The external hex has since been modified and is now available in heights of 0.7, 0.9, 1.0, and 1.2 mm and with flat-to-flat widths of 2.0, 2.4, 2.7, 3.0, 3.3, and 3.4 mm,

Jokstad, Brägger, Brunski, Carr, Naert, Wennerberg. Int Dent J 2003; 53 Sup 2: 409-33

Asbjørn Jokstad, Oslo, Norway Urs Braegger, Bern, Switzerland John B. Brunski, Troy, USA Alan B. Carr, Rochester, USA Ignace Naert, Leuven, Belgium Ann Wennerberg, Gothenburg, Sweden

International Dental Journal







Quality of Dental Implants

Commercially available implant and implant systems in October 2003:

225 implant brands 78 manufacturers – from all continents ~70 implant brands no longer marketed



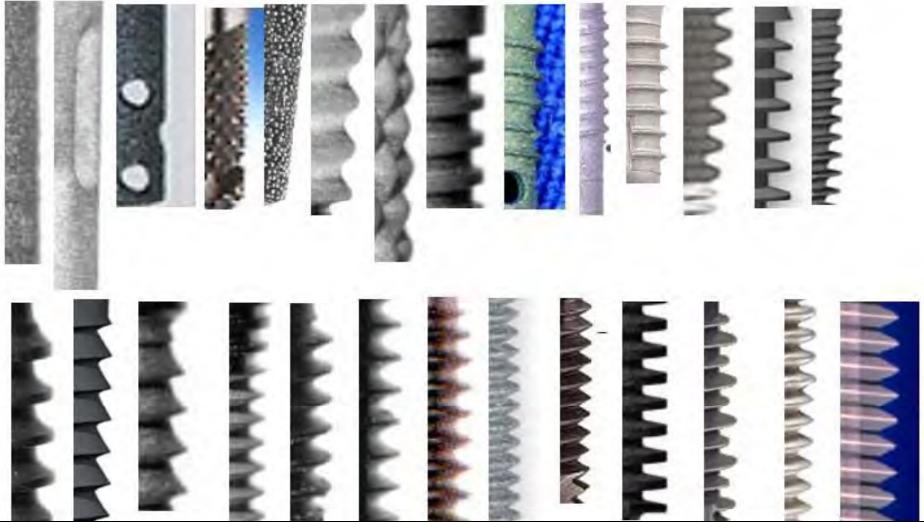


Straight, Tapered, Conical, Ovoid, Trapezoidal, Stepped & combinations ...





Flange vs. no flange Straight vs. flared vs. widening > Height Polished vs. threads Added features Surface topography



- Threads vs. non-threads
- > Shape: V- vs. square- vs. reverse buttress- vs. combinations
- Number and size of "lead threads"
- > Number and location of grooves, groove forms and groove sizes
- Surface micro-topography
- Thread angle









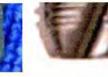










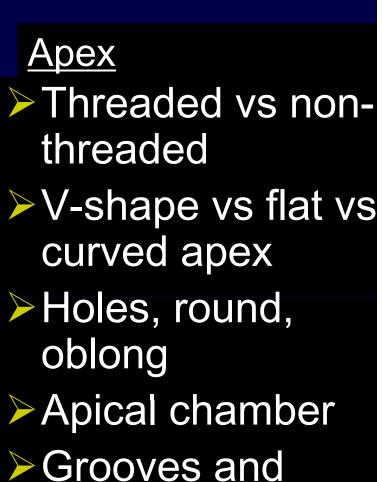












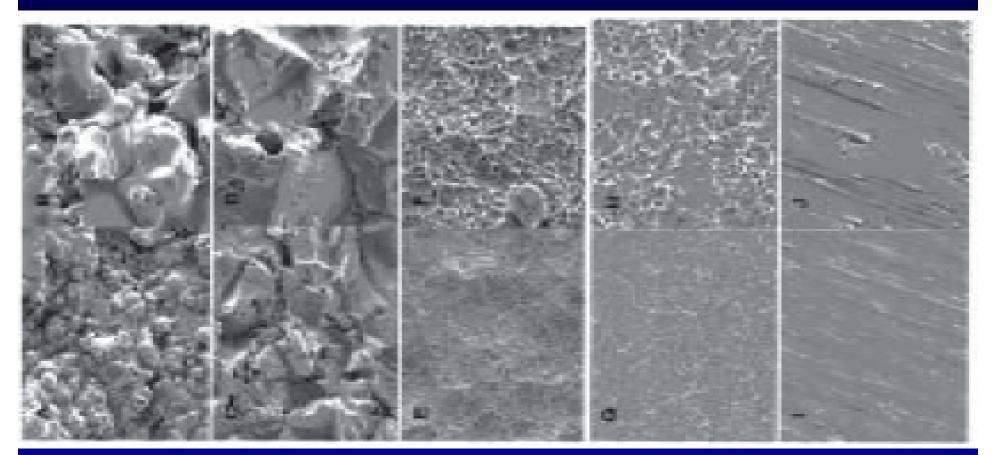
- groove size
- Flared apex
- Surface topography



Interface geometry External vs Internal Hexagonal vs. Octagonal vs cone Morse taper Rotational vs nonrotational Added nonrotational features Heights & widths Butt vs bevel joints Slip-fit vs friction-fit joints Resilience vs nonresilience



High (top) and low (bottom) magnification of cpTi surfaces as used for surface characterization.



Plasma– sprayed (TPS); Grit-blasted

Grit-blasted and dual acid-etched Dual acidetched Machined (turned)

Davies, 2003

Surface topography	Machining process	<u>Example</u>
Anisotropic with oriented cutting marks	Turned	Brånemark System® MKIII (Nobel Biocare)
Isotropic	Blasted	TiO2 particles (Tioblast®, AstraTech)
Isotropic	Blasted + acid etched	1. Large size Al2O3 particles & HCI & H2SO4 (SLA®, Straumann) - 2. Tricalcium phosphate & HF & NO3 (MTX®, Centerpulse)
Isotropic with high frequency irregularities	Acid etched	HCI / H2SO4 (Osseotite®, 3i)
Isotropic and rough	Hydroxyapatite coated	Sustain® (Lifecore)
Isotropic and rough	Titanium Plasma Sprayed	ITI® TPS (Straumann)
Isotropic with craterous structure	Oxidized	TiUnite® (Nobel Biocare)



Clinical documentation

1

29

28

A. Implant or implant system with extensive clinical documentation: >4 clinical trials

B. Implant or implant system with limited clinical documentation, i.e. <4 trials, but of good methodological quality

C. Implant or implant system with limited published clinical documentation

D. Implant or implant system with no published clinical documentation.

Quality Assessment of Randomized Controlled Trials of Oral Implants

Marco Esposito, DDS, PhD¹/Paul Coulthard, BDS, MFGDP, MDS, FDSRCS, PhD²/ Helen V. Worthington, BSc, MSc, PhD, FIS³/Asbjørn Jokstad, DDS, PhD⁴

The aim of this study was to assess the quality of randomized controlled trials (RCTs) concerned with the effectiveness of oral implants and to create a trial register. A multilayered search strategy was used to identify all RCTs published by the end of 1999 in any language. The Cochrane Oral Health Group specialist register, PubMed, and personal libraries were searched. Seventy-four RCTs were identified. Forty-three articles, not presenting the same patient material, were independently assessed by 3 researchers using a specially designed form. A statistician assessed all trials for the appropriateness of statistics. The quality of each study was assessed on 7 items, including 3 key domains. Randomization and concealment allocation procedures were not described in 30 articles (70%). Reasons for withdrawals were not given in 10 reports (23%). No attempt at blinding was reported in 31 studies (72%). The quality of RCTs of oral implants is generally poor and needs to be improved. (INT J ORAL MAXILLO-The quality of RCTs of oral implants is generally poor and needs to be improved.

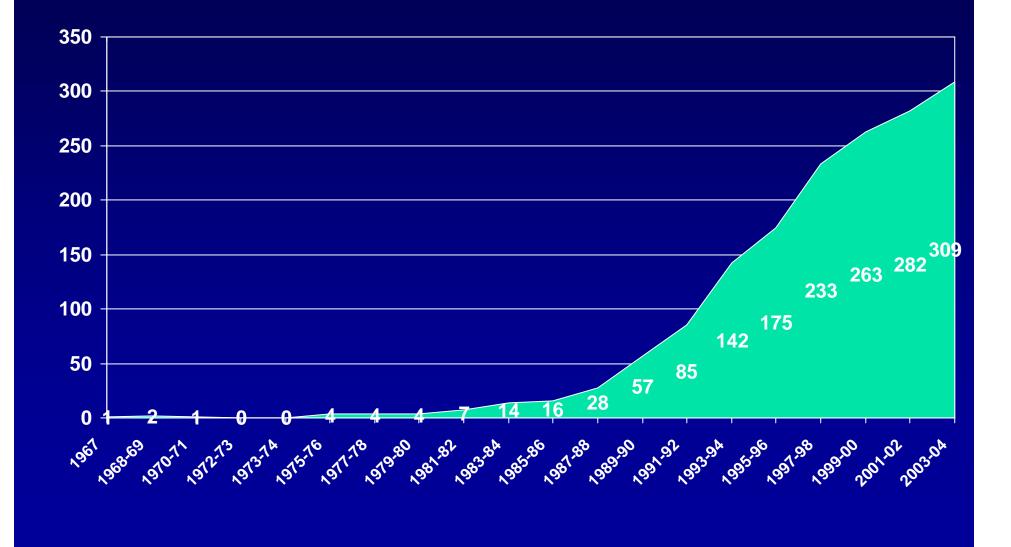
Esposito et al., IJOMI 2001; 16: 783-92

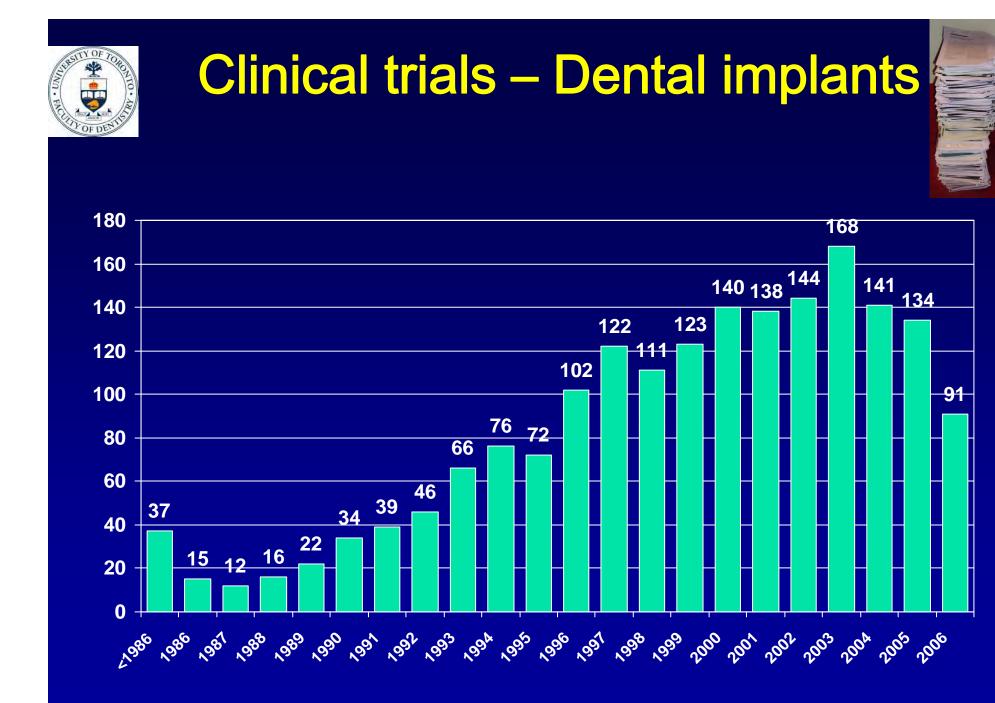


Clinical documentation of new implant systems



Clinical trials – Dental implants







Implant Manufacturers

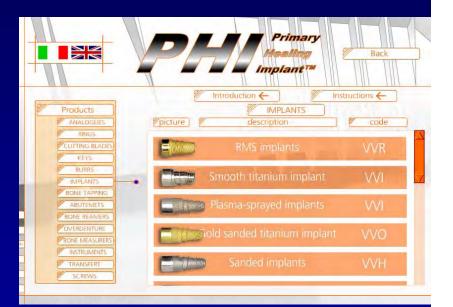
USA:	28
Germany:	25
Italy:	14
Korea:	8
Spain:	8
Brazil:	5
Switzerland :	5
Canada:	4
France:	4
Sweden:	4
Israel:	3
United Kingdom:	3
Other countries:	9

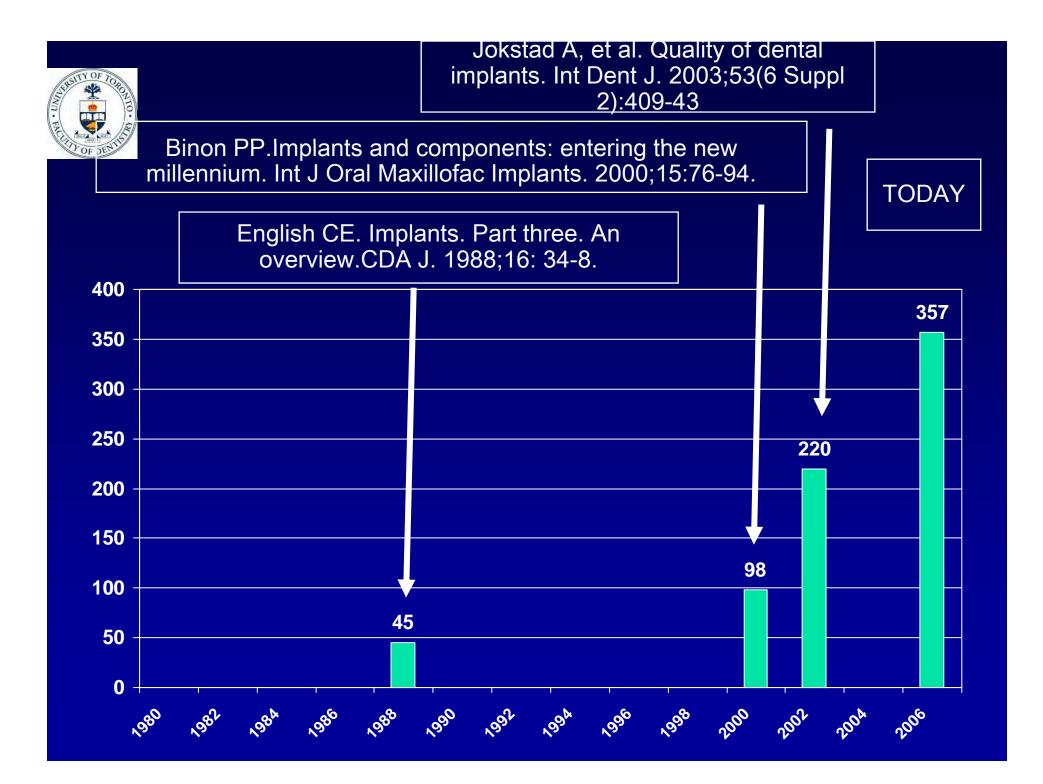


per 2.2007 (n=120!)



Implant systems introduced since October 2003 ?







Clinical trials – Dental implants

Clinical trials since 2003 = 362	
>Brånemark / Replace	122
►ITI /Straumann	79
≻3i/Osseotite	34
Frialit2/Frialit+/Frialoc/Frios	23
≻Astra	<u>18</u>



267 (73%)



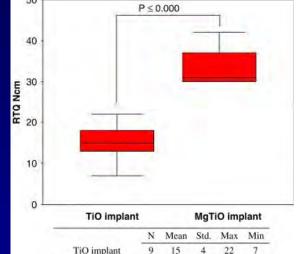


New Implant surface treatment

Magnesium ion incorporated, oxidized implants ? Dr Young-Taeg Sul - Korea



Sul YT, et al. Biomaterials. 2005 Nov;26(33):6720-30

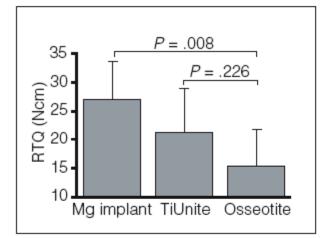


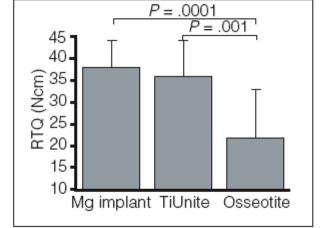
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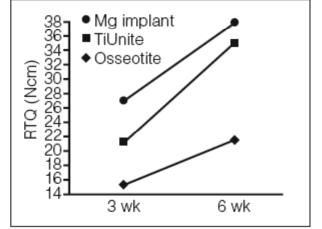
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Sul YT, et al. Int J Prosthodont. 2006;19:319-28







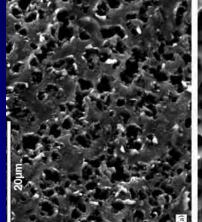
MgTiO Implant

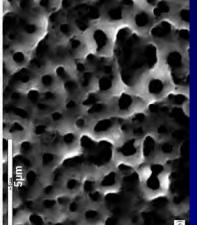
AND FROM TO FORDER

Implant surface treatment

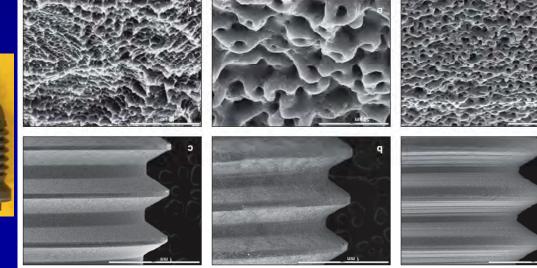
Magnesium ion incorporated, oxidized implants ? Dr Young-Taeg Sul - Korea

Sul YT, et al. Int J Prosthodont. 2006;19:319-28 Sul YT, et al. Biomaterials. 2005 Nov;26(33):6720-30











www.torontoimplantconference.ca The Toronto Osseointegration Conference Revisited

25 years since the 1982 Toronto Conference on Osseointegration in Clinical Dentistry

What about the future?

May 8 - 10, 2008 Metro Toronto Convention Centre





Clinical relevance of animal models for predicting implant therapy outcomes?



The relevance of data from animal models to predict longitudinal trial results?

≻is high?

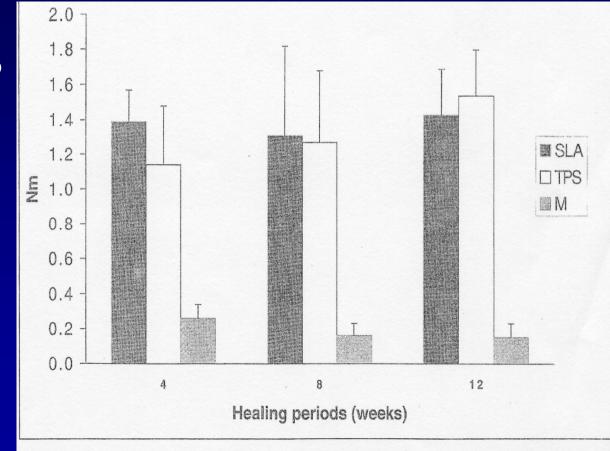


Figure 1. Removal torque values (RTV) in Newtonmeters (Nm) of three implant types machined (M), titanium-plasma-sprayed (TPS), and sandblasted with large-grit and acid-attacked (SLA) surfaces after 4, 8, and 12 wks of healing in the maxillae of miniature pigs (from Buser *et al.*, 1999b; reprinted with permission).

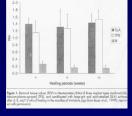




The relevance of data from animal models to predict longitudinal trial results?

➢ is high?

is of little or no value?



London et al. 2002; Novaes et al. 2002; Carlsson et al. 1988; Gotfredsen et al. 1992; Vercaigne et al. 1998, 2000.

Offers some indications within a midrange of roughness?

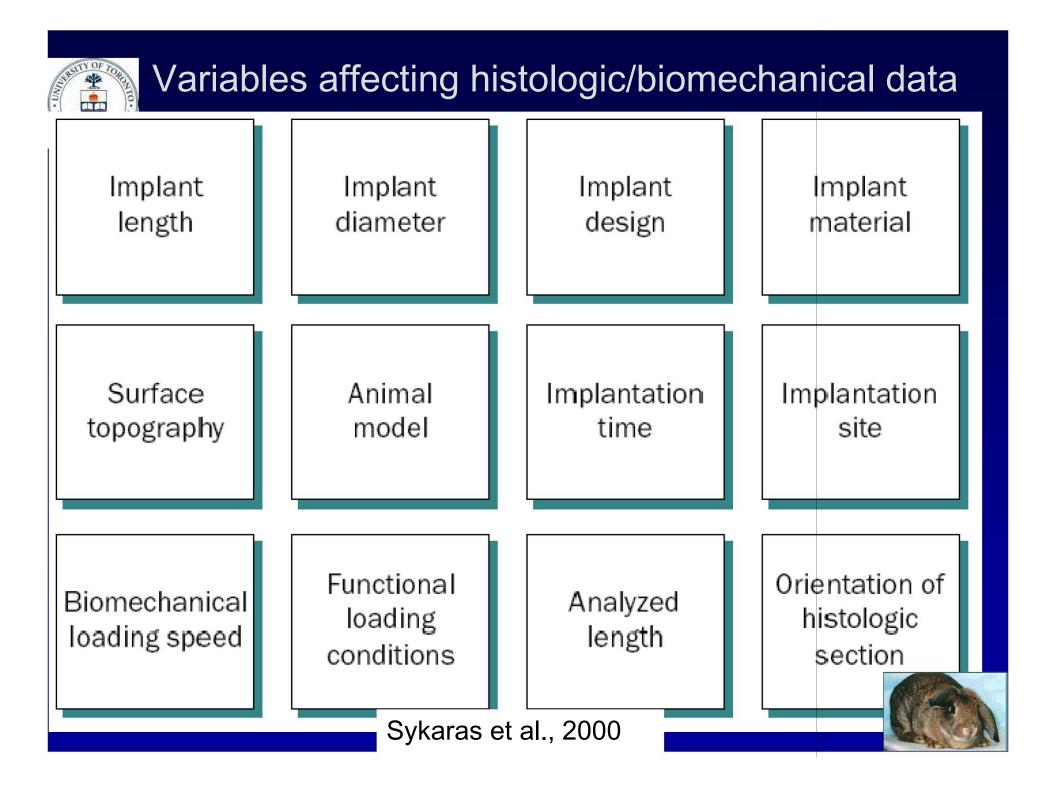
Wennerberg & Albrektsson, 2000



Relevance animal models vz. longitudinal trial results?

Surface topography description?
Model used?
Roughness characterization?
Measuring device?
Consistency of results?
Surgical technique for placement?







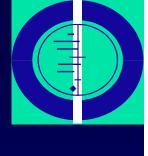
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THE EFFICACY OF DENTAL IMPLANTS: EVIDENCE-BASED OVERVIEWS

From 11 Cochrane reviews on osseointegrated dental implants Last update, Jan 2007

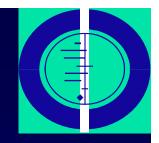
Esposito, Coulthard, Worthington;

Thomson, (Wennerberg, Jokstad et al.)

Cochrane systematic reviews

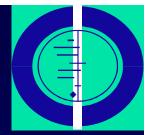
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aon TO.



1.	Fresh extraction sockets	2006
2.	Perimplantitis	2006 ver.2
3.	Bone augmentation techniques	2006 ver.2
4.	Zygomatic implants	2005 ver.2
5.	Various implant systems	2003 ver.3
6.	Immediate/early or delayed loading	2004 ver.2
7.	Maintenance	2004 ver.2
8.	Hyperbaric oxygen therapy	2003
9.	Use of prophylactic antibiotics	2003
10.	Surgical techniques	2003
11.	Preprosthetic surgery vs implants	2002

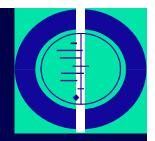
1. Fresh extraction sockets



Last literature search: Aug 2006 2 RCTs – 96 patients Conclusion:

May offer some advantages in terms of patient satisfaction and aesthetics possibly by preserving alveolar bone. Properly designed RCTs are still needed to fully evaluate the potential advantages and risks of this treatment modality since more complications and failures may occur

2. Perimplantitis - ver 2. 2006

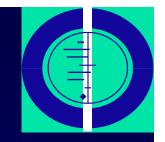


Last literature search: March 2006 5 RCTs – 134 patients

Conclusion:

There is no reliable evidence suggesting which could be the most effective interventions for treating perimplantitis.

3. Bone augmentation techniques – ver. 2 2006



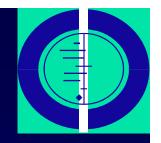
Last literature search: October 2005 13 RCTs – 330 patients Conclusion:

Major bone grafting procedures of extremely resorbed mandibles may not be justified.

Bone substitutes may replace autogenous bone for sinus lift procedures of extremely atrophic sinuses.

Both guided bone regeneration (GBR) procedures and distraction osteogenesis can augment bone vertically, but it is unclear which is the most efficient technique.

4. Zygomatic implants – ver 2. 2005



Last literature search: May 2005 0 RCTs

Conclusion:

Cannot answer whether Zygomatic implants without bone grafting versus conventional implants in grafted or regenerated bone is superior

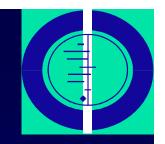
5. Various implant characteristics & systems ver.3 -2005 Last literature search: June 2004

12 RCTs with 512 participants and 12 different implant systems (19 RCTs were excluded). 4 RCTs with a 5-year follow-up

Conclusion:

Minor differences in marginal bone loss and in the occurrence of perimplantitis. No statistically significant difference in failure rates. We do not know whether any implant system is superior to the others.

6. Immediate, early or conventional loading - ver.2-2004



Last literature search: February 2004 5 RCTs with 124 participants (2 RCTs excluded)

Conclusion:

While it is possible to successfully load oral implants immediately after their placement in mandibles of adequate bone density and height of carefully selected patients, it is yet unknown how predictable this approach is.



Thank you for your kind attention